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#### **FRONT COVER**

Revelling in it! A bee gathers pollen to take back to its hive.

# Let calmness prevail

egarding the land expropriation issue, there are two possible outcomes, and neither has a good ending for South Africa or her people, regardless of how important land restitution is.

Leaving aside the need or otherwise for a rewrite of Section 25 of the Constitution (which may indeed have a positive result, according to Thuli Madonsela, at least), the one view is that the ANC is using the expropriation without compensation (EWC)/constitutional amendment narrative as a populist vote-catcher ahead of the election next year. It knows full-well that even if a suitably crisp amendment to the Constitution were to be drawn up right now it will take until way after the election to be voted in and take effect. Therefore, goes this narrative, the ANC is merely playing for time, trying to negate the populism of Julius Malema's EFF (of which it is unduly scared) and possibly win back some lost EFF votes. Its hope is that, once it has won the election it can safely put the whole matter on the back burner and revert to the status quo as far as land reform is concerned.

Giving this argument some credence is the observation that the current ANC shenanigans around the EWC issue are as cack-handed as anything we have ever seen from the ANC, even by its own cynical, inept and corrupt standards.

For example, at the outset the government organised public comment sessions throughout the country, at which many thousands of people argued the need or otherwise for EWC and a constitutional amendment. With the process well under way, however, President Ramaphosa addressed the nation on television late one night, as ANC president, not president of the country, to tell us that the ANC had decided to forge ahead with EWC regardless, thus rendering the public comment process a farcical waste of time and money (as if we didn't know it would be).

Next, Afriforum obtained and made public a list of farms that, Afriforum claimed, the government/aka ANC had earmarked for EWC "as test cases". This resulted in a flurry of enraged comment and denials that the list was genuine, or that a list even existed, to the extent that agriculture minister Senzeni Zokwana described Afriforum's action as "an act of sabotage." You can therefore bet money that the list, or some of it in some form, is genuine.

And all the while a nasty thread of racism has been emerging, and has been nurtured, especially by the EFF. All the work of unification and non-racialism preached by Madiba pissed up against a wall...

And it is this emerging racism that is the problem with this scenario. For, even if events unfold as outlined above and the ANC lets the EWC matter fade after the election, the EFF isn't going to stop pushing for it, with a lot of populist song and dance, thus nurturing and fanning the destructive little fires of racism and resentment that are now smouldering throughout the country.

The other view is that the ANC, whether pushed into it by the EFF or not, and whether it denies it or not, is hell-bent on removing land from its current (white) owners and handing it over without paying for it to new (black) owners. The ANC clearly does not have a grasp of the complexity of South African land ownership, financing and tenure. Leaving aside the fact that the ANC (and therefore the government) is hopelessly inept and corrupt when any transaction is remotely connected to money, confiscating (for that's what EWC is, however you dress it up) land from owners who have paid for it, or more accurately are still paying for it via their bonds, brings into play some heavy hitters in the economy, namely the banks. For as long as you have a bond to pay on any property, you don't hold the title to that land. Your bank does. Thus, when the government takes your land, it will actually be taking ownership from your bank. Apart from the fact that the mere TALK of EWC has caused the property market to tank, if it ever becomes a reality there will quickly be no market left at all. In short, the banks will have lost the value of their asset, about which they will be displeased. When that happens you can pretty much assume that what is left of the South African economy will disintegrate, the currency will become even more worthless than it already is, unemployment will increase, further hardship will prevail, and "service delivery" protests will become general anarchy.

Nobody can deny that there is an urgent need to redress the land issue but there are many other ways to do it without resorting to anything as destructive as EWC. Thus, it's time for the banks to do some very tough talking to Ramaphosa, Malema and their teams, pointing out the extreme folly of their current trajectory, and suggesting strongly that now is the time to dial back on the current inflammatory rhetoric.

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# **MAILBAG**

# Indigenous grass to be a Cat 2 invader?

ir ~ I thought you might be interested to read about one of the proposed additions to the regulations and lists relating to the National List of Invasive Species.

The proposed legislation includes the listing of an indigenous (and water wise) grass, namely *Cynodon dactylon* (ordinary couch grass) as a new National Invasive Species.

The proposal is to make Cynodon dactylon a Category 2 species, which means it can



Couch grass (Cynodon dactylon) is often used to stabilise bare ground.

only be propagated, owned, transported or planted with a permit.

However, the grass is already widely planted in sports fields, parks, protected areas, along highways and across tourist resorts.

It is a valuable,

droughtresistant, water wise grass species, which

has shown its merit during the drought in the Western Cape and other provinces. It has survived with a little greywater irrigation, where the local buffalo grass and the alien kikuyu have died off.
Couch grass, or kweek, plays an important role in conservation, because it prevents soil erosion. It provides good grazing (particularly when young), is very useful as a lawn grass and is recommended for the protection of waterways. In traditional medicine it is used for indigestion and the treatment of wounds.

It is planted widely across

Continued on page 7



The Editor welcomes your letters, comments and opinions, but reserves the right to edit and shorten as necessary.

Senders' names and addresses must be included.

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# Strategy needed to control bankrupt bush

he encroachment by the indigenous invader Seriphium plumosum or bankrupt bush (Afr: bankrotbos) has reached such alarming proportions that a number of institutions have come together to try to develop a strategy to control its spread. It is estimated that about 10 million ha in South Africa have been infested by bankrupt bush, which endangers sustainable

grassland production, animal production, food security and biodiversity. Bankrupt bush encroachment can turn a profitable fodder source into a degraded piece of land on which sustainable livestock production is no longer possible.

The Dept of Agriculture, Forestry & Fisheries (Daff), in Continued on page 8

# **COUCH GRASS**

From page 5

South Africa for a number of uses. If it becomes a Category 2 invasive, most government ministries, national parks, national botanical gardens, municipalities, landowners, sports administrators, landscapers and gardeners across the country will have to buy a



R100 permit (which takes six weeks to get) to make their indigenous lawns on their property legal!

And, every time a landscaper wants to plant indigenous and water wise couch grass or any of its cultivars, they will need to obtain a R100 permit. For many environmentalists, conservationists and green industry professionals, the concept of indigenous Cynodon dactylon becoming a Category 2 invasive species is just unworkable and there have been many submission made to the Dept of Environmental Affairs to voice their protests.

Let us hope good sense will prevail.

**Betty Abrahams**Boschkop

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From page 7 collaboration with partners from the three spheres of government, as well as universities, The SA National Biodiversity Institute (Sanbi), and various agriculture unions and NGOs are currently working on the development of a management strategy for bankrupt bush in South Africa. This strategy is hoped to improve veld productivity, biodiversity, and food security. It will soon undergo public

consultation and participation in different provinces and there is an open invitation to interested and affected individuals and organizations. On 4 September, there will be a provincial public consultation workshop held at the Sanbi Education Centre, Pretoria Botanical Gardens at 09:00. On 21 September there will be a national consultation held at the same venue. Smallholders and small farmers who would like to attend are invited to contact Lydia Bosoga on 012 319-7686.

Bankrupt bush is a sprawling, much-branched, grey shrub growing to a height of approximately 60 cm. It has slender, wiry, softly woody branches. Short shoots are covered with grevish, woolly, clustered leaves, which are minute, tufted and pressed to the stem, giving the plant a granular appearance. The small brown to pale purple flower-heads occur at the tips of the shoots. Plants often have white fluffy galls which might be mistaken for flowers. The plant has many adaptations to survive long dry summers, such as the light colour of the shrub that reflects sunlight and the woolly covering and small leaves that reduce water loss. These adaptations are supported by a root system which may vary from 1 m<sup>2</sup> around the plant and up to 1,8 m deep. In the central grassland areas encroachment has already led to the bankruptcy of many stock farmers, hence the plant's common name.

Continued on page 10

Bankrupt bush is unpalatable to livestock and is very difficult to control once

established. The tiny winddispersed seeds will spread from single plants or small

populations into adjacent areas, irrespective of the

condition of such areas. In many cases, farmers have



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#### **NEWS**

From page 8

lost almost 100% of natural veld, despite the fact that millions of rand have been spent to control or eradicate the plant.

It is difficult to understand the main reasons for the huge spread and densification of this plant, especially over the past five to ten years, but researchers suspect that elevated carbon dioxide levels may have favoured its growing conditions.

Various control methods are available for bankrupt bush and recommended, depending on a number of factors, for example plant density, cost effectiveness and timelines. Chemical control is

Affected Bioregions

Bankrupt bush distribution Affected Bioregions

Market

Consider Secretary and themse of the control of t

the most effective recommended method, while burning and manual clearing of the shrub lead to higher densities if not properly managed. Manual clearing and chemical control can, however, become economically unfeasible. All these control measures are probably temporary, with re-invasion inevitable. Thus, aftercare needs to focus on the control of seedlings.

Follow up work is essential as it is feared that this problem may never be completely removed.

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# COURSES

# Horticultural training on offer

ven though the end of the year is looming there are some horticultural courses coming up in the next few months that will be of interest to smallholders wanting to grow vegetables for profit.

The ARC-Plant Protection
Research Institute at
Roodeplaat outside Pretoria is
offering training in Oyster
Mushroom Production. The
course runs 16–19 October
and is aimed at entrepreneurs
aspiring to become mushroom farmers to grow
mushrooms for profit and to
be able to manage successful
mushroom businesses.

The course content includes an introduction to basic mycology, spawn making,

substrate preparation, spawning and spawn run, fruiting, harvesting and handling, packaging, contract farming strategies and marketing your mushrooms. Across the five days the training is both theoretical and practical. The course fee is R2500 pp. To book contact 012 427-9700/9740 or email trainingservices@arc.agric.za. ☐ Two organic vegetable gardening courses are being offered at the Inner City Garden, Johannesburg, by Sought After Seedlings. The elementary training will take place on 16 September, while the advanced course will run

on 11 November.

Content of the elementary

Continued on page 15



Oyster mushroom.





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# COURSES

# Tuks' short courses in farming for 2019

ant to go to (or go back to) university? As a smallholder you might be inter-

ested in some of the agriculture and food security short courses offered by Enterprises on behalf of the University of Pretoria. The courses range from two to five days of faceto-face lectures to six-month online courses.

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The line-up for 2019 includes:

☐ Land rehabilitation: reclamation and restoration;

☐ Food security and nutrition;

☐ Seed science;

☐ Basic course in potato

Continued on page 17

## **HORTICULTURE**

seedlings.co.za.

From page 13

course includes mastering your soil ~ 17 essential nutrients and how they work, tips for growing crops in a water restricted environment, composting, crop rotation, mulching, companion planting, how to plant and



germinate your seeds, planning your organic vegetable garden and learning how to make your own plant serum, to increase healthy plant growth and build immunity. Time: 8:30 -4:30pm, light refreshments are provided, as well as notes and the price is R1 650 per person. The advanced course covers similar topics in greater depth, along with pest control and learning how to make your own fish emulsion fertiliser. Time: 08h30-16h30, light refreshments are provided, as well as notes and the price is R1 950 per person.

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## **BEEKEEPING**

# Safe pesticide guidelines to protect bees, says Daff

n an effort to prevent harm to insect pollinators such as bees, the Dept of Agriculture, Forestry & Fisheries (Daff) has compiled and published a 16-page document entitled Guidelines on the Management of the Risk of Agricultural Remedies on Insect Pollinators.

The document lists a number of crop species that are subject to regular treatment by pesticides, and which are pollinated by bees, and gives handy guidelines to the farmer on how to best apply

pesticides without harming local or introduced bee colonies.

The document is available for download as a pdf file on our website, www.sasmall-holder.co.za.

Meanwhile, in other regulatory news, the Daff has banned the importation of Zambian honey, following the

Original Seeds

detection of American
Foulbrood (AFB) in samples
of honey from that country.
AFB is a serious bacterial
disease capable of killing an
infected bee colony.
There is no cure, and it
contaminates beekeeping
equipment, so once detected
that must be destroyed to
prevent the disease spread-

ing.

Zambia has a thriving beekeeping industry among small farmers, and exports honey worldwide.
Smallholders who are interested in keeping bees have access to assistance, advice and support from one of three beekeepers associa-

Continued on page 19

# COURSES

From page 15

pathology;

Programme in agricultural and rural finance;





082 604 5828 Jason Scriven

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Northerns' field day: Members of the Northern Beekeepers
Association recently enjoyed a field day among aloe plants north of Pretoria which included visiting and inspecting working hives, a series of informative talks and time for some socialising.

Left: Off they go ... attired in their beekeepers' suits members pile into a bakkie for a trip to the aloes. Right: Members and visitors listen to the talks at the field day.



From page 17

tions in the province. All three associations welcome



new beekeepers to their regular meetings and have active Facebook pages to keep members abreast of developments.

The Northern Beekeepers Association (known as "Northerns") meets as a rule around Pretoria and caters for beekeepers around Pretoria. For details call Riekie on 082 972-1889

The Southern Beekeepers

Association ("Southerns") covers beekeepers in the Johannesburg, West Rand and southern Gauteng. Email Lantz at info@beekeepers.co.za for details
The Eastern Highveld
Beekeepers Association
("Easterns") caters for beekeepers on the East Rand, as well as members in Mpumalanga. Call Mike on 083 430-8707 for details.





# **FOOD SECURITY**

# A food crop that beats climate change

earl millet (Pennisetum glaucum) is a crop that is attracting attention because of its perceived advantages in coping with climate change ~ most notably its drought tolerance ~ although it is thousands of years old.

Pearl millet originated in central tropical Africa and the plant was domesticated as a food crop some 4 000 to 5 000 years ago.

Traditionally millet is used mainly as whole, cracked or ground flour, dough or a grain-like rice. These are made into fermented breads, foods and thick porridges, steam cooked dishes, non-alcoholic beverages and snacks. Pearl millet is also grown for silage and hay production. Whole seeds of millet can be successfully incorporated into broiler diets without compromising bird

performance. The grain can be added to bird-seed mixtures. Crop residue and green plants provide building materials for fencing, thatching and making basketry.

Millet is also used as an ornamental plant.

To use it as grazing, it is recommended that you allow grazing down to between 400 – 600 mm in height, and not shorter than 150 mm, as this

allows for quick rejuvenation. The advantages of millet include:

☐ A well developed root system:

It uses soil moisture effectively;

☐ It has good drought tolerance, recovering quickly once rains commence;

☐ It controls witchweed (rooiblom):

☐ There is no danger of bloat;

☐ It is suitable for horses; ☐ It provides excellent grazing;

It can produce up to 20 tons of silage/ha, (add 2% molasses).

The seed contains 5 to 7% oil, and has higher protein and energy levels than maize and sorghum. It contains more essential amino acids than wheat, oats, rice, barley, and rye.

Pearl millet is an erect annual plant, up to 3m tall, and may tiller profusely under favourable weather conditions.

The stems are 1-3cm broad and pithy, while the leaves are long, slender and smooth or hairy, up to 1,5m long and 8cm broad. The leaves may vary in colour from light yellowish green to deep purple.

Pearl millet usually flowers from 40 to 55 days. The flowering structure (inflorescence) in pearl millet is called a panicle or head and it is 12 to 30cm long. The mature panicle is brownish in colour. The seed begins developing after fertilisation and matures 25 to 30 days later. The seeds are nearly white, yellow, brown and grey in colour and weigh about 8mg on average. The grains are an essential part in pearl millet while the entire crop is used as fodder. The optimum temperature for growth ranges between 23 and 30°C. It is generally

Continued on page 21



## FOOD SECURITY



Fine heads of pearl millet. From page 20

sensitive to low temperatures at the seedling stage and at flowering.

Pearl millet is mostly grown where the annual rainfall ranges from 250 to 700 mm, so Gauteng smallholders should consider growing it. Despite its drought tolerance, it requires even distributed rainfall during the growing season. Too much rain at flowering can cause a crop failure.

Like most plants, pearl millet also does best in light, welldrained loams, but it can be

grown on a wide variety of soil types. It performs well in soils with a high salinity or low pH of 4 to 5. It performs poorly in clay soils and cannot tolerate waterlogging. Pearl millet is an annual summer crop and the optimum planting time ranges from early October to November. Prepare warmer seedbeds on well-drained soils, to which has been added nitrogen-rich fertilizer or organic matter such as kraal manure. Seed should be planted into a firm, mellow,

Continued on page 23



Pearl millet seed.



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## FOOD SECURIT

From page 21

moist seedbed. As pearl millet seed is small, shallow planting is recommended to obtain good seed-to-soil contact. Plant densities should be 100 000 to 175 00 plants per

Good weed control is necessary for successful pearl millet production and it is particularly important to control early emerging weeds. Preventive control options

begin with planting clean, weed-free seed. In addition, producers should make sure that all equipment used to plant millet is free of weed seeds. Controlling weeds along ditch banks, roadsides, and field margins will also help prevent weed seed from entering the fields.

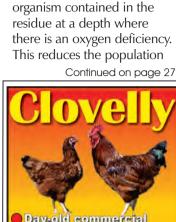
Grain pearl millet is not difficult to grow as it hosts few insect pests. The principal insect problems in millet

production are chinch bug and stinkbug. Normally insecticides are not needed on pearl millet.

Birds love eating pearl millet seed off the plants in the field. Losses can be severe in small fields or when harvest is delayed. Early planting and timely harvesting are essential to minimise bird damage.

The most important diseases include mildew, seed rot, rust and grain moulds. Growers should properly identify the diseases that limit production and then use a variety of controls.

Rotation with unrelated crops is probably the most utilised cultural practice for disease control. This helps keep populations of pathogens from building up to damaging numbers. One should not expect rotation to eliminate



disease development, but it

damage from most diseases.

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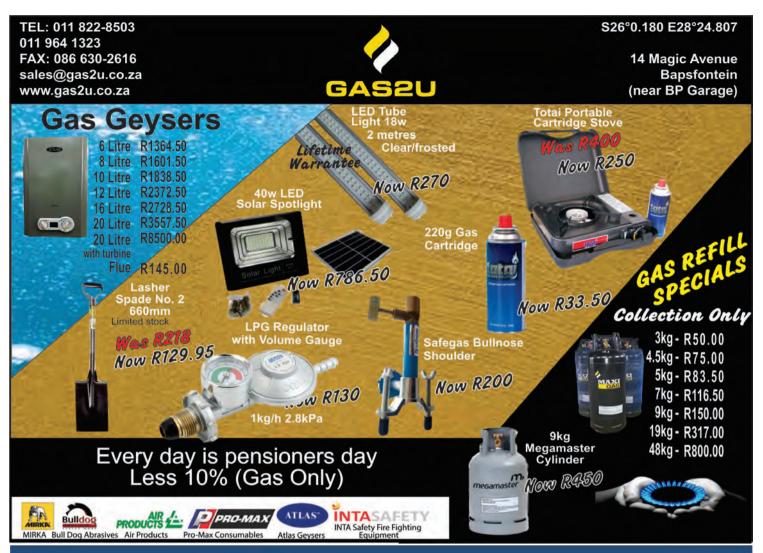
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# IN THE GARDEN

# Plan a perfect summer veg garden

hh! The expectation of the upcoming summer! What bliss!! But here's the question: How much veg should you plant to ensure you have enough and not too much, and when should you plant it? Here are some simple tips and observations to help you get the most out of your vegetable patch, however large or small it may be. And this assumes you are on a

hh! The expectation of the upcoming summer! What bliss!! re's the question: How you have enough and o much, and when you plant it? smallholding with reasonable space available for growing, ie not in a townhouse or with a cramped suburban garden. Furthermore, it assumes you are growing only for your family and, possibly, staff, and not for sale.

The key to a successful veg garden is careful planning, which should include: ☐ The likes and dislikes of the family. It is absolutely pointless to grow something that nobody enjoys eating, however healthy and nutritious it may be on paper. ☐ The nature of growth of the species, ie is it a one-picking type such as a carrot or a cabbage, or is it a multipicking type such as a tomato

plant or pepper?

The size of the plant, both in its area requirements and its height. You can cram quite a few radishes, for example, into the space that is required by a cabbage.

By the same token, if you plant different species in one bed it is unproductive to plant tall species such as

Continued on page 29



#### PEARL MILLET

From page 23 of the disease-causing organism and permits the crop to escape much of the

damage.

Grain can be harvested as early as 40 days after flowering. When the crop is ripe and dry, grains will pop out cleanly when the head is pinched. Pearl millet can be harvested by hand, using a knife or sickle. The heads are then dried in heaps on the

ground or threshing floor. The grain must be dislodged and be separated from spikelet and other debris. Packing is normally done in bags, which must be tightly closed.

The Arc-Grain Crops Institute offers courses on basic knowledge and skills on the production and disease management of sorghum and millet.









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Soil containing clay will hold together without breaking and water will be absorbed very slowly. Use drippers with a 45-60cm spacing.

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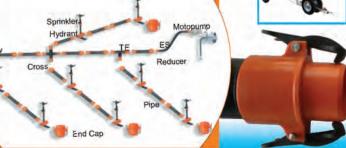


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Only plant species that the family enjoys

From page 27

tomatoes or runner beans in front, and small stuff behind, because you won't be able to reach the rearmost stuff to harvest it. And, depending on

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the way your beds face, the taller stuff may block out the sun from the smaller stuff behind.

The frequency with which you will harvest it, and the use to which it will be put. For example, one head of cabbage will last

in the kitchen for probably two or three meals, whereas to add radishes to your salads will require one or two plant to be plucked per person per meal.

Generally, you will be doing the cook in the family a favour by planting species that are used frequently, and herbs, close to the kitchen.

The ability to dry, freeze, pickle or otherwise preserve the harvest. Some species are easy and delicious to preserve, others not so much. You can cut down on the

# IN THE GARDEN

drudgery of preserving by picking a few extra fruits every few days for preserving, rather than doing a mass preserving marathon of many hours at the end of the season.

The length of time the plant needs to grow to produce a usable harvest. Radishes, for example, need only a few weeks to grow to maturity, and then quickly become too big to be tasty. Onions, garlic and leeks take

some months to mature, and can last a season if properly treated.

☐ The best time of year to plant. While it is true that most veg grows best in the warmer, wetter summer months, some species prefer colder weather, for example onions and garlic, and cauliflower.

Companion planting and soil requirements. If you

Continued on page 31



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#### From page 29

plant different species together in one bed you should be aware that some species don't like to be close to each other. And while vegetables generally prefer a good quality, loamy soil with plenty of well-matured organic matter incorporated, some species, such as carrots, prefer a lighter, sandy soil and will not perform optimally in heavy soil or in soil which incorporates too much nutrient. The acidity (pH) of the soil is also important, as is the need to be careful about what was last planted in the bed. Thus, if you had an acidloving plant growing well in a bed last season you may well find that a plant that likes a more alkaline soil will not thrive unless you take serious remedial; steps to alter the рН.

Potatoes, too, are prone to fungal disease if successive crops are grown in the same patch.

Succession planting. It is helpful in the kitchen for some quick-maturing species, especially those that are used frequently such as carrots, or radish, to be available at the perfect point of ripeness over a long period. This means planting small batches every few weeks, rather than one massive planting at once. But here's a thing: How much time can you, realistically, devote to your veg patch over the next few months? Christmas is coming up, and

the New Year, as well as kids' school functions, office parties and family functions. It's a busy time of year, and if your social life isn't enough there's also other stuff to do around the garden, such as mowing, fixing leaky roofs in the rainy season, attending to broken water pipes etc, etc. It is worth trying to be a bit reasonable here and limiting the number of succession plantings you will do to, say, two or three over the season. In other words, don't overdo it and be disappointed that you ran out of time and were disappointed by the result. With all of these factors in mind now is the time to sit down with a piece of paper.

Draw a schematic map of the space available to you, even their small packets, so planting from seed, don't be

showing the beds and differentiating their soil types if necessary, any shady spots etc. Make a few copies of this. Next, with the family chipping in, list the veg they like on a

separate sheet.

Now, using a pencil, and with an eraser to hand, map out the space allocation for each in the beds on your schematic map, bearing in mind the points above.

Now you're in a position to buy seeds and seedlings, assuming you haven't saved seeds from last season. Generally-speaking, most seed merchants sell far more

than one will use in one go in

even their small packets, so if planting from seed, don't be tempted to over-sow ~ the excess will just end up going to waste. Rather sow what you've allocated and store the seed in a cool dry place for use later in the season, or even next year.

For species that don't require

Continued on page 33









# Keep your chickens healthy

mallholders who keep a small flock of chickens very often do not bother to vaccinate their birds against diseases. They reason that if they feed them well, do not overcrowd and maintain good hygiene, the chickens will be able to withstand disease. However.

when one considers how easy it is for diseases to spread, it might be worth rethinking this policy.

A healthy chicken will remain healthy as long as there is no direct contact between the chicken and viruses, bacteria, protozoa or mycotoxins. The chickens can be exposed to

diseases through contact with wild birds, rodents or their faeces, insects such as flies and litter beetles, wind, dust and feathers from passing vehicles ~ even their water might be carrying disease. People who work on the plot or even visitors may carry disease-carrying organisms on their clothing or shoes.



Some vaccines are administered as eye-drops.

Stress may arise in the flock due to a variety of factors and can also render the poultry vulnerable to passing diseases.

Vaccination is the process by which a vaccine is given to Continued on page 35

### GARDEN

From page 31

many plants and which can be planted from seedling rather than direct as seed, for example, peppers, brinjals, tomatoes and cabbage,

Sheep Livestock 071 607 7337 / 082 897

consider buying trays of six or eight seedlings rather than packets of seed. Seedlings are more expensive, but they will give you a harvest at least six weeks ahead of what you will achieve if you sow seed first. The only downside of planting seedlings is that you are limited to what your nursery will supply, which will tend to be modern commercial hybrids, unless you have a contact with a specialist seedsman of more unusual varieties





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to the birds: in the drinking water, sprayed or by injection. It must penetrate the body. The smallholder needs to understand that a vaccine is not a medicine, but is rather a preventative measure against disease. It contains the disease-causing organism in a weakened state. In an overdose it can kill the birds. Correct dosage stimulates the formation of antibodies, which is the body's way of fighting the disease.

There are vaccines available against Newcastle Disease, Infectious Bronchitis, Marek's Disease, Salmonella





Some vaccines are given by injection gallinarum, Salmonella enterica and typhimurium, Infectious coryza, Mycoplasma gallisepticum, Fowl cholera and Fowl pox. There are different strains of Newcastle Disease, so different vaccines are administered at different times.

Note though that vaccination against Avian Influenza is prohibited by law in South

There are different ways of vaccinating chickens: by spray, drinking water, injection and the eye-drop method.

## POULTR

Some vaccines must be given using a specific route, for example, pox vaccination is only given via a wingweb-stab method, not in drinking water or in the

Only healthy chickens should be vaccinated.

Most vaccines are available at

veterinary chemists, co-ops, veterinarians and sometimes at feed stores.

Vaccines are fragile in many respects and require very careful handling to ensure they retain their potency. Poor handling procedures will, in most cases, result in a rapid decline of potency. The important handling requirements are:

On receipt of the vaccine, Continued on page 37



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## **POULTRY**

# How to manage your chicken manure

If you have chickens, you have chicken manure and there are different ways to manage the manure.

If your chickens are free range, naturally there will be less manure in the coop, because they drop their manure as they move around your plot. But there will still

be an accumulation of manure over time if your chickens sleep in a coop at night

Chicken manure is prized as fertilizer. However it is what is known as a "hot" manure, which means it should not be put straight on to the garden in its raw state, as it will burn the plants. This is because chicken manure is so high in nitrogen.

The material that you use as bedding for your fowls will also influence the composting process. Chicken farmers normally use bedding such as straw, shavings, sawdust or dry leaves to provide a dry cushion for chickens and to control odour and pests. The coop bedding can be collected with the manure and dumped into your compost heap.

Some owners prefer to pick manure and soiled bedding out of the coop on a daily basis; others will add new bedding over droppings and collect it less frequently.

Continued on page 38

## **VACCINATION**

From page 35

check and record that the vaccine has been transported in the recommended manner, which is usually in the chilled or frozen state. Prolonged



exposure to atmospheric temperature will result in rapid loss of potency.

☐ Check the expiry date of the vaccine – vaccines have a date by when there is a significant risk that they will no longer retain their potency and will not produce the immunity required. The expiry date is based on the vaccine being handled and stored in the recommended manner.

As soon as possible place the vaccine into recom-

mended storage conditions. Read the instructions to find out what these are.

☐ If you have to mix the vaccine with water, ensure that the water does not contain chlorine (ie is not municipal water). Some smallholders add skimmed milk powder to the water, as it is believed that that can act as a stabiliser and it eliminates the negative effects of chlorine. Add one teaspoon for every litre of water.

Continued on page 38



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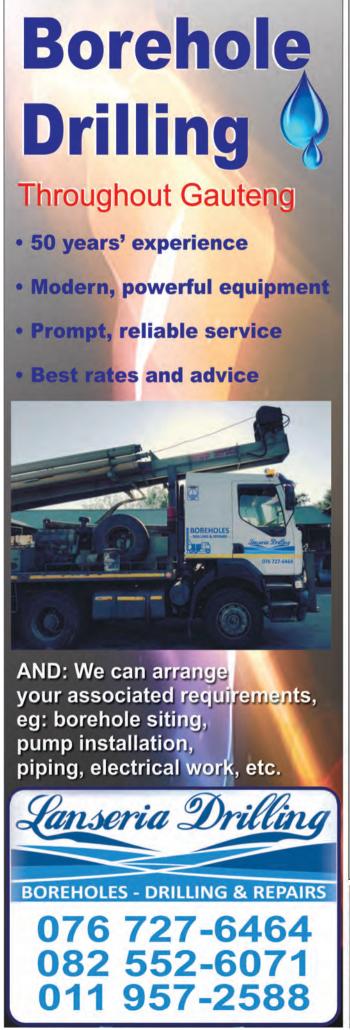






carolann@masbiz.co.za

Vosloo Road, Bartlett, Boksburg www.masbiz.co.za



## **POULTRY**

From page 37

Different bedding materials have different carbon levels, so the proportion of bedding to manure will vary depending on the type of bedding used. A compost heap needs a combination of green and brown material, along with air and moisture. In this case the manure is regarded as green and the bedding will be your brown material.

To keep things simple most composters follow the general rule of 1 part brown to 2 parts green. However, because chicken manure is so high in nitrogen you may be more successful using a 1:1 mixture. Instead of adding the soiled bedding to your existing compost heap, you could make a separate pile just of bedding and chicken drop-

pings. It is preferable to do this when you have a large amount of bedding and manure, as the pile should consist of a cubic metre of material. You can then follow a "hot" compost process.

The requirements for hot composting using the so-called Berkley method are as follows:

Compost temperature is

65°C;
☐ The C:N (carbon:nitrogen) balance in the composting materials is approximately 25-30:1:

maintained at between 55-

☐ The compost heap needs to be roughly 1.5m high;
☐ If composting material is high in carbon, such as tree branches, they need to be broken up into small chips;
☐ Compost is turned from

Continued on page 39

### **VACCINATION**

From page 37

Alternatively, buy a bottle of distilled water when you purchase the vaccine if you don't have clean untreated water available.

Remove the vaccines from storage immediately prior to use. Only remove and reconstitute enough for immediate needs and repeat this through the day if more is required. Do not mix what is required for an entire day at the start of the day and leave it stand until required, as the vaccine will rapidly lose it efficacy.

Protect the vaccines after mixing by holding them in an ice bath. Some vaccines have a very short life once mixed.

Use the recommended administration techniques and do not vary these without veterinary advice.

Always clean and sterilise the vaccinating equipment thoroughly after use and destroy unused mixed vaccines after the task has been completed. Some vaccines have the potential to cause harm if not destroyed properly.

South Africa has a list of controlled and notifiable diseases that are listed within the regulations of the Animal Diseases Act (No 35 of 1984). Listed poultry diseases are Newcastle Disease, Salmonella gallinarum, Salmonella enterica and Avian Influenza and outbreaks of these must be reported to the State Veterinarian, who maintains Gauteng offices in Pretoria, Germiston, Randfontein, Vanderbijlpark, Hammanskraal and Johannesburg.



outside to inside and vice versa to mix it thoroughly. Combine the correct ratio of bedding and manure at one time to form a pile, then add moisture (material should be about as wet as a well wrung sponge). This will produce a hot pile.

Leave it for four days. Heating is necessary to destroy pathogens and weed seeds, but temperatures above 70°C can kill beneficial microorganisms and slow the process.

Once the centre of your compost pile has reached the required temperature for three days it will start to cool. After it cools, pull the centre apart and move the core material to the edges and bring the edge material into the centre to heat. For 1 cubic metre of material repeat the process of bringing edges into the core at least three times.

# Another suggestion is to cover your entire chicken coop in wood chips.

Then turn every second day for 14 days. After that most of the material will be dark, crumbly and sweet-smelling like soil.

Another suggestion is to cover your entire chicken coop in wood chips. If you don't have a chipper, contact a tree feller in your area, who should be able to sell it to you quite cheaply.

When spreading the wood chips be sure to cover everything. They will provide a lot of scratching material for your chickens. Often there are insects in the chips, so that provides food for your chickens as well. It also helps cut down on any chicken odour.

It is best to lay the wood chips in the autumn or winter to give the chickens ample of time to work them over.

Leave the chickens to scratch away for a couple of months. You will see when the wood chips are starting to vanish. Your ground will begin to look like really rich soil and less like a mulched area. It is then advisable to start sifting. You can make a sifter very easily. All it takes is building a square frame from four pieces of wood and placing some screen material over it. Use a shovel and scoop up piles of the soil your chickens have been working over for you. By sifting through it, you stop any big pieces of mulch or manure that have not been fully broken down from making it into your compost pile. You will get a very fine, rich looking compost at the end of this process.

A final option in managing

## **POULTRY**

your chicken droppings is the deep litter method. Start by spreading a 7–10 cm layer of clean litter on the floor of the coop. Wood shavings are the best, or peanut husks.

You can use straw, but need to guard against mould. About once a week, as the manure accumulates (mostly under the roost), toss on another thin layer of litter. It's important to keep the bedding aerated. Add a handful of scratch grains or food scraps daily, and your chickens will stir the litter for you, incorporating oxygen to aid decomposition. Pay attention to areas that they might neglect or round

they might neglect or round the waterer, raking regularly to keep it turned over and dry.

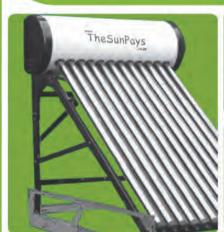
If you see any caked litter, use a rake or fork to help break up the clumps and redistribute the moisture.

Continued on page 40





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# How to prepare your lawn for summer

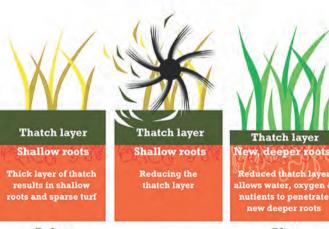
eptember, before the highveld rains commence, is a good time to scarify your lawn to prepare it for the growth period ahead. Assuming your lawn species is something like kikuyu, which puts out runners, scarifying involves loosening old runners in the lawn and removing them, as well as removing excess growth, old dried grass leaves and other detritus that will inhibit the new growth desirable for a lush, green lawn. Think of it as lawn

pruning, the same process that you should by now have completed on your fruit trees and rose bushes.

If you have an extensive lawn, mechanical multi-directional raking using a drag harrow or arena rake behind a tractor, lawn tractor or quad bike is the easiest way to do it. Close all the windows in the house to minimise the ingress of the clouds of dust that will result. For smaller lawns, or if you don't have mechanical means, a hard hand raking with a

Continued on page 41

#### **SCARIFICATION**



Before

After

## **POULTRY**

From page 39

Keep the coop ventilated, even in winter. You should not notice any odour of ammonia. If you do, add more litter, as ammonia will cause eye and respiratory problems among your fowls.

Once or twice a year clean out the coop. Some experts say that you shouldn't remove all of the litter, but rather leave a base layer in place to inoculate new material with the established beneficial microbes. If the manure-litter

compost you remove is thoroughly decomposed and odourless, you can work it directly into garden beds. If some of the fresher manure hasn't thoroughly decomposed, simply add it to another compost pile. Besides the time savings, deep litter is reported to help control coccidiosis, reduces aggression, keeps the chickens warm and supports chicken health by producing vitamin B12.

metal rake will be necessary to loosen the runners dead growth.

Next, assuming you have a motor mower with a grass catcher, set the cutting deck to its lowest height and mow the lawn, cutting off the loosened runners where they enter the soil and removing all the loosened dry material. If your mower is not equipped with a grass catcher cut the lawn nonetheless, but you will have to rake and remove the cuttings by hand. Add the cuttings to your

compost heap, because they contain very viable bits of runner which, if applied to your flower beds as mulch, will soon result in grass growing in your beds, which you don't want.

Hopefully the scarifying and raking process will take you to the end of September or early October, just in time for the first rains.

Therefore, after scarifying, pray for rain to soak into the lawn to soften the soil. If this doesn't happen, give the lawn a good soaking with a sprinkler before loosening the

soil with a spiked or hollowtine roller or, if your lawn is small or you don't have access to a roller, by pushing a garden fork into the soil every few centimetres and wiggling it back and forth. Only after you have loosened the soil, sprinkle your lawn fertilizer, usually limestone ammonium nitrate (LAN) evenly over the surface, and water again (or pray for rain...) and hey, presto! Within a few weeks your lawn will be back to its green summer lushness (and you will be back to spending your free time mowing).

Don't spread the fertilizer before scarifying, or after scarifying but before loosening. Before scarifying will simply result in you removing the fertilizer granules when you mow or rake up the loose grass, and doing so before rolling will result in much of the now-moist fertilizer being picked up by

the roller drum off the damp soil.

Moreover, don't leave dry fertilizer granules lying on the grass but try to water them well into the soil as quickly as possible, firstly because concentrated fertilizer can chemically burn the plants in the grass and, secondly, because the little pellets can be mistaken as seed by seed-feeding birds, which can be poisonous to them.

#### ☐ Top-dressing

Contrary to the old-fashioned view, top-dressing does not have to happen every spring. If your lawn surface is

Continued on page 43



Grass runners spoil the look of one's lawn.

# Olive, peach, nectarine, plum, almond, apricot, walnut, prune, pomegranate, pecan nut, apple, cherry pear, fig, quince, mulberry, lemon and grape vines. Shade Trees Vrugtebome Olyf, perske, kaal perskes, pruim, amandel, appelkoos, okkerneut, pruimedant, granaat, druiwe, pekanneut, appel, kersie, peer, vy, kweper, moerbei en suurlemoen. Skadubome Vereeniging Douw 084 506 5125



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uneven, perhaps because it is guite newly laid, or because during the winter you dug trenches across it to lav piping or cables, or, indeed, because you dogs dug holes in it, now is the time to apply a smoothing layer of topdressing. But if your lawn is even and properly cared for top dressing is an additional expense, which is unnecessary, at least every year. If you have suitable clean soil available on your plot you can apply your own, ensuring first that it is weed and seedfree, as well as sifted of stones. Any relatively

CATTLE FODDER 60 square bales +/- 12-15kg (loose bales ex hand baler) @ R12 each Cash & Collect Bredell Pete 072 587 9137

loamy soil can be used, but don't be tempted to use building sand, or river sand. If you don't have your own soil vou will have to buy in a load of lawn dressing.

To calculate the number of cubic metres of top-dressing to buy measure the area of your lawn by multiplying the length in centimetres by the width in centimeters and dividing the number by 20 000 to achieve a layer 0,5cm thick, by 10 000 to achieve a layer 1cm thick, or by 5 000 to achieve a layer 2cm thick.

(Tip: If you have a potato or vegetable washing or processing plant near you investigate buying a load of the soil they wash off the veg before processing. It's the most magical top dressing you can find because it's fine, but loamy, and comes with ready-built-in fertilizer, a residue of the vegetable growing operation from

whence it comes).

The easiest way to spread top-dressing is to dump wheelbarrows-full on the lawn about 2m apart in both directions and, using the back of a steel rake, to spread it evenly across the surface to the desired thickness. Fill in if the layer is not thick enough, or keep spreading outwards if it's too thick. If you can do this simultaneously with the wheelbarrow-dumping so much the better because leaving the piles of soil on the lawn for any period of time will kill off the grass growing underneath.

While top dressing can be used to even out indentations it should not be spread more than a centimetre or two thick ~ you should still be able to see the top leaves of the grass peeking through.

☐ And finally ... the mower So you used your mower to scarify. In the process you will have choked the air filter with

AWNCARE

dust and probably ruined, or at least severely blunted, the blades (and will also have got dust into the oil).

After scarifying, therefore, is the time to service the mower.

Drain the sump and refill with clean oil for the summer.

Remove and replace, or at least clean, the air filter. If it's a sponge type wash it in soap and water, let it dry and give it a light coating of light oil before refitting it. Remove the blades and

ensure they are not nicked or unbalanced through wear. Replace them, or sharpen them and re-balance them before refitting them.











STONE

TOPSOIL



### DIARY

ATTENTION CRAFT MARKETS CLUBS ETC: If you would like details of your events included in the Diary, please fax or email your information to the Editor. For non-commercial enterprises this service is

NOTE: FARMERS' & CRAFT MARKETS. For a listing of REGULARLY HELD markets and fairs please see the separate section on page 47. Only markets that are held infrequently, or less than weekly, are now listed in this calendar section.

**Every Sunday** 

Cattle drive with City Slickers breakfast, Diamond X Cowboy Ranch, near Rayton. Call Rudan on 082 410-3180 horses@diamondxranch.co.za www.diamondx.co.za., R500 per person.

Mnandi Methodist Church, 09:00, Mnandi Centre, cnr Tulip and Short Streets, Jen 012 651-5509. Gail 072 477-0708., A small community who worship together. We have a Youth and Children's church.

Premier Mine Presbyterian Church, Lower Oak Ave, Cullinan. Garden of Remembrance (Columbarium), 079 060-9990 or 012 734-1640, Worship and Sunday school. Holy Communion for all on the 1st Sunday of every month.

**Every Monday** 

Alcoholics Anonymous. 'Courage to Change' Group meeting, 19:30, Benoni Agricultural Holdings, Marcus 082 042-7730 Warren 082 335-0049 Glen 072

239-3024., If you want to drink - that's your problem! If you want to stop - that's our problem! No fees; no dues; just concerned fellowship.

#### 2018

#### **September**

- 1: Bonaero Market, Evangelical Lutheran Church, 26 Geldenhuys Rd, Bonaero Park, 08h00-14h00. Craft, food stalls, coffee shop, white elephant, veg, books, kids' play area, safe parking. Call Magda 083 845-7660
- 1: Charity Country Market with Food & Entertainment, Uitzicht, Van der Hoff Rd extension. Pretoria West, in aid of the Manger Care Centre. 09h00 – 15h00. Family & pet friendly. Call 012 376-0042 or 087 944-2110
- 1: Bokkie Park Food & Craft Market at the Bokkie Park, Southvale Rd, Parkdene, Boksburg. 09h00 – 14h30. Huge variety of crafts and food stalls, live entertainment, tea garden, park activities, pony and camel rides. A great outing for the whole family. Contact Janine 072 713-3332
- 1: Garden World Spring Festival event: In Tune with Nature, 13h00 for 13h30. Anna Cilliers, Richard Cock and MayFord Seeds offer a delightful spring afternoon laced with good gardening advice from Anna Cilliers, paired with heavenly music & song brought to you by SA's most well-known conductor, Richard Cock. R100 pp & includes the event, a goodie bag, refreshments & fabulous prize giveaways. Contact Garden

World on 011 957 2545

1: Garden World Spring Festival event: Classic Car Show, 09h00 - 16h00. The Classic Car Show is a vehicle event worth noting. It's a fun experience that features vintage cars, classic cars, muscle cars and much more. It's the motor-heads go-to. Entrance is FREE. Contact Garden World on 011 957 2545

3-7 Introductory Course in Pig Production, ARC Irene. Contact: Ms Mpho Makhanya at makhanyam@arc.agric.za / 012 672-9153. 04 Provincial Public Consultation Workshop on Bankrupt Bush, SANBI Education Centre, Pretoria Botanical Gardens, 09:00. Contact Ms Lydia Bosoga 012 319-7686. 8: Brakpan Boeremark, cor van der Walt & Dirk van der Hoff Rds, Brakpan 09h00-14h00. Over 50 stalls, food, art, crafts, etc. Call Marius 082 904-8852 or 011 744-2322 8-9: African Bird Fair, Walter Sisulu National Botanical Garden, Roodepoort. Organised by BirdLife Africa

11-12 Dairy Processing: Yogurt and Cultured Milk course, ARC Irene. Contact: Ms Mpho Makhanya at

makhanyam@arc.agric.za / 012 672-9153 15: Northerns Beekeeping Association members' meeting. Visitors invited from Pretoria & surrounds. For times, venue and details call Riekie van den Berg 082 972-

16: Elementary Organic Vegetable Gardening Course offered by Sought After Seedlings, Inner City Garden, Johannesburg, Time: 8:30 - 4:30pm, light refreshments are provided, as well as notes and the price is R1650 per person. Contact 082 365 0050 or email

sales@soughtafterseedlings.co.za. 17-19: Cattle Artificial Insemination Course. Rothman Livestock Training Services, Muldersdrift. Call Lilv 078 546-7985 17-15 Nov: Poultry Production course at Buhle Farmers Academy, Delmas. Course

is of two months' duration and earns 39 SA Quality Assurance (Saqa) credits. Call 087 803 0563

18-21 Dairy Processing: Cheese making course, ARC Irene. Contact: Ms Mpho Makhanya at makhanyam@arc.agric.za / 012 672-9153.

20: Cattle Pregnancy Awareness Course, Rothman Livestock Training Services, Muldersdrift. Call Lily 078 546-7985 21 National Public Consultation Workshop on Bankrupt Bush, SANBI Education Centre, Pretoria. 09:00. Contact Ms Lydia Bosoga 012 319-7686.

21: Calf Rearing Course, Rothman Livestock Training Services, Muldersdrift. Call Lily 078 546-7985

25-27: Three-day Basic Conservation Agriculture Course, Foundations for Farming Gateway to Africa at African Blessings, Rustfontein Farm, Bronkhorstspruit. The courses comprise theory and practical training, including Conservation Agriculture Principles, Feed Your Family, Vegetable Gardens, Herb Cultivation, Uses of Herbs, Compost Making, Practical Home Remedies, Poultry Production, Introduction to Beekeeping, Agroforestry, Cover Crops, etc. Contact Neill Jackson on neill@foundationsforfarming.org

Or 082 407 6774

28: The Market in the Garden, Garden Shop, Bram Fischer Dr, Bryanston. 09h00-15h00. Fresh produce, home industry & craft, food etc. Robyn 083 311-4768 28: Walkerville Farmers Market, 112 R82



Main Rd, Walkerville 18h00-22h00. Fresh produce, arts & crafts, food court and kids' play area. Call 079 076-7680

29: Fresh2U Farmers Market, Cor Main & High Sts, Modderfontein (behind 33 High St), 08h00-14h00. Over 50 stalls, fresh produce, homemade goods, plants, food etc. Call Jane 083 376-5567 or Chantelle 082 338-7818

29: Fresh Produce Market, Lakeside Mall Boathouse, Benoni. 08h00-13h00. Local fresh produce. Call Alma 079 940-0201 29: Windpomp Market, Broodblik & Koffiepit on the R51 between Petit & Bapsfontein, 08h00-14h00. Homemade crafts, food stalls, bakery & coffee shop and entertainment. Call 083 445-1608

#### October

1: Bonaero Market, Evangelical Lutheran Church, 26 Geldenhuys Rd, Bonaero Park, 08h00-14h00. Craft, food stalls, coffee shop, white elephant, veg, books, kids' play area, safe parking. Call Magda 083 845 7660

6: Charity Country Market with Food & Entertainment, Uitzicht, Van der Hoff Rd extension, Pretoria West, in aid of the Manger Care Centre. 09h00 - 15h00. Family & pet friendly. Call 012 376-0042 or 087 944-2110

6: Christmas in October Food & Craft Market at the Bokkie Park, Southvale Rd, Parkdene, Boksburg. 09h00 - 14h30. Huge variety of crafts and food stalls, live entertainment, tea garden, park activities, pony and camel rides. A great outing for the whole family. Contact Janine 072 713-3332 8-12 Introductory Course in Small Stock management ARC Irene. Contact: Ms Mpho Makhanya at

makhanyam@arc.agric.za / 012 672-9153. 8- 13 Jun 2019: Grain Crop Production course at Buhle Farmers Academy, Delmas. Course is of 9 months' duration and earns 52 SA Qual; ity Assurance (Saqa) credits. Call 087 803 0563

13: Brakpan Boeremark, cor van der Walt & Dirk van der Hoff Rds, Brakpan 09h00-14h00. Over 50 stalls, food, art, crafts, etc. Call Marius 082 904-8852 or 011 744-2322 16 - 19: Oyster Mushroom Production Course, ARC-Plant Protection Research Institute in Roodeplaat, Pretoria. The course fee is R2500 pp. To book contact 012 427-9700/9740 or email trainingservices@arc.agric.za.

20: Northerns Beekeeping Association members' meeting. Visitors invited from Pretoria & surrounds. For times, venue and details call Riekie van den Berg 082 972-

22-24: Cattle Artificial Insemination Course, Rothman Livestock Training Services, Muldersdrift. Call Lily 078 546-7985 23-26 Introductory Course in Beef Cattle Management. ARC Irene. Contact: Ms Mpho Makhanya at makhanyam@arc.agric.za / 012 672-9153.

25: Cattle Pregnancy Awareness Course, Rothman Livestock Training Services, Muldersdrift. Call Lily 078 546-7985



## **DIARY**

26: The Market in the Garden, Garden Shop, Bram Fischer Dr, Bryanston. 09h00-15h00. Fresh produce, home industry & craft, food etc. Robyn 083 311-4768 26: Walkerville Farmers Market, 112 R82 Main Rd, Walkerville 18h00-22h00. Fresh produce, arts & crafts, food court and kids' play area. Call 079 076-7680

26: Calf Rearing Course, Rothman Livestock Training Services, Muldersdrift. Call Lily 078 546-7985

27: Halloween Market, Bokkie Park, Southvale Road, Parkdene Boksburg. Call Janine or Joan 072 713-3332

27: Fresh2U Farmers Market, Cor Main & High Sts, Modderfontein (behind 33 High St), 08h00-14h00. Over 50 stalls, fresh produce, homemade goods, plants, food etc. Call Jane 083 376-5567 or Chantelle 082 338-7818

27: Fresh Produce Market, Lakeside Mall Boathouse, Benoni. 08h00-13h00. Local fresh produce. Call Alma 079 940-0201 27: Windpomp Market, Broodblik & Koffiepit on the R51 between Petit & Bapsfontein, 08h00-14h00. Homemade crafts, food stalls, bakery & coffee shop and entertainment. Call 083 445-1608

#### **November**

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extension, Pretoria West, in aid of the Manger Care Centre. 09h00 – 15h00. Family & pet friendly. Call 012 376-0042 or 087 944-2110

3: Bokkie Park Food & Craft Market at the Bokkie Park, Southvale Rd, Parkdene, Boksburg. 09h00 – 14h30. Huge variety of crafts and food stalls, live entertainment, tea garden, park activities, pony and camel rides. A great outing for the whole family. Contact Janine 072 713-3332

6-8 Cattle Artificial Insemination course, ARC Irene. Contact: Ms Mpho Makhanya at makhanyam@arc.agric.za / 012 672-0153

9153. 10: Braknan Boeremark, cor van der Walt & Dirk van der Hoff Rds, Brakpan 09h00-14h00 Over 50 stalls food art crafts etc. Call Marius 082 904-8852 or 011 744-2322 11: Advanced Organic Vegetable Gardening Course offered by Sought After Seedlings, Inner City Garden, Johannesburg. Time: 8:30 - 4:30pm, light refreshments are provided, as well as notes and the price is R1950 per person. Contact 082 365 0050 or email sales@soughtafterseedlings.co.za. 17: Northerns Beekeeping Association members' meeting. Visitors invited from Pretoria & surrounds. For times, venue and details call Riekie van den Berg 082 972-1889

19-23 Introductory Course in Poultry Production, ARC Irene. Contact: Ms Mpho Makhanya at makhanyam@arc.agric.za / 012 672-9153.

24: Fresh2U Farmers Market, Cor Main & High Sts, Modderfontein (behind 33 High St), 08h00-14h00. Over 50 stalls, fresh produce, homemade goods, plants, food

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#### **December**

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24: Fresh2U Farmers Market, Cor Main & High Sts, Modderfontein (behind 33 High St), 08h00-14h00. Over 50 stalls, fresh produce, homemade goods, plants, etc.







## Regular Gauteng Farmers' Food Markets

NOTE: This is a listing ONLY of markets held weekly. Markets held less frequently (eg 1st Saturday of each month) are listed in the DIARY section of the magazine and we urge readers to check each month for dates and events of interest. We would like this list of food markets to be as comprehensive as possible. If you know of farmers' food markets that are not listed here, please email us the contact details of the organisers, and details of the market. Only FOOD markets are included. Similarly, if you know of markets in this list that have CLOSED please inform us so that we can delete incorrect or outdated information. We invite you to tell us of your experiences when visiting these markets so that we can better inform our readers. Were they as advertised? Was the produce on sale plentiful, well-priced, well-presented and fresh? Email your comments to editor@gautengsmallholder.com

| DAY            | WHAT                                     | WHEN          | WHERE  | CONTACT   | WHAT TO EXPECT   |  |  |
|----------------|--|---------------|--|---|--|--|--|
| Thursday       |  |               |  |   |  |  |  |
| Every Thursday | Bryanston Organic & Natural Market       | 09:00 - 15:00 | 40 Culross Road, Bryanston<br>(off Main Road)  | Konrad or Glenda<br>011 706 3671<br>glenda@bryanstonorganicmarket.co.za | Quality hand crafted goods,<br>unique art and fresh organic<br>and naturally grown produce.                                |  |  |
|                |  |               | Saturday   |   |  |  |  |
| Every Saturday | The Red Windmill Village Market          | 09:00 - 15:00 | 104 Main Road, Walkerville   | 082 627 3134 or 072 637 9355<br>Stalls: 082 641 8982                    | Fresh produce, food stalls, coffee shop, plants, arts & crafts, book etc.  |  |  |
| Every Saturday | Waterfall Estate Farmers Market          | 09:00 - 15:00 | Waterfall Estate, Waterfall Cor<br>Midrand   | Robyn 083 311 4768  | Fresh produce, pickles, preserves and home industry & craft, food etc. Enquire about stall prices.                         |  |  |
| Every Saturday | Pretoria Boeremark                       | 05:30 - 09:30 | Moreleta Street entrance,<br>Krige Street ext, Silverton                                 | 012 804 8031 or 079 987 1025  | Fresh produce & traditional bazaar treats like jaffles, kaiings with pap & boerewors rolls.                                |  |  |
| Every Saturday | Bryanston Organic & Natural Market       | 09:00 - 15:00 | 40 Culross Road, Bryanston<br>(off Main Road)  | Konrad or Glenda<br>011 706 3671<br>glenda@bryanstonorganicmarket.co.za | Quality hand crafted goods,<br>unique art and fresh organic<br>and naturally grown produce.                                |  |  |
| Every Saturday | The Hazel Food Market                    | 08:00 - 14:00 | Greenlyn Village Centre, Cor<br>Thomas Edison & Mackenzie<br>St, Menlo Park, Pretoria    | Rietha 083 554 5636<br>www.hazelfoodmarket.co.za                        | Fresh produce straight from the producer. Coffee, eats on sale   |  |  |
| Every Saturday | Walkerville Farmers Market               | 09:00 - 15:00 | 112 R82 Main Road, Walkerville   | 079 076 7680<br>info@wfmarket.co.za                                     | Fresh produce, arts & crafts, food court and kids play area.   |  |  |
| Every Saturday | Walkerville Country Market               | 09:00 - 15:00 | Walkerville showgrounds on the R82   | Noorunisha 074 141 8485   | Fresh produce, crafter's market, food court, craft beer, kids play area and pet friendly.                                  |  |  |
| Every Saturday | Bosheuvel Fresh Produce                  | 10:00 - 19:00 | 54 Glory Road, Muldersdrift  | Mitch 082 553 2846  | Outdoor country experience<br>working farm cattle, sheep pigs.<br>Free range meat, cheese, eggs and<br>poultry. Craft beer |  |  |
| Every Saturday | The Fresh Co-op Weekly Farmers<br>Market | 07:00 - 10:30 | 204 Allan Road, Glen Austin<br>Halfway House, Gauteng                                    | info.freshproducecoop@gmail.com<br>082 369 7755                         | Fresh produce, pickles, preserves, home industry, arts and crafts, food etc.   |  |  |
| Every Saturday | Jozi Real Food Market                    | 08:30 - 13:30 | Pirates Sports Club, 25<br>Braeside Road, Greenside                                      | Ingrid 083 532 2992<br>jozirealfoodmarket@gmail.com                     | Outdoor pet & child friendly,<br>organic vegetables, food, arts &<br>crafts  |  |  |
| Every Saturday | Waenhuiskrans Plaas / Farmers<br>Market  | 08:00 - 14:00 | Cor of Veda & Enkeldoorn Ave<br>opposite Montana Traders<br>and next to Kollonade Centre | Phil Jansen - 083 5050 329 or<br>office 012 567 6076 to book a stall    | Stalls: Food, arts and crafts<br>Fresh produce, eggs, chicken,<br>meat, fruit and veg, Kiosk,<br>Maders Pies, coffee       |  |  |
|                |  |               | Sunday   |   |  |  |  |
| Every Sunday   | The Red Windmill Village Market          | 09:00 - 15:00 | ·  | 082 627 3134 or 072 637 9355<br>Stalls: 082 641 8982                    | Fresh produce, food stalls, coffee shop, plants, arts & crafts, book etc.  |  |  |
| Every Sunday   | Fourways Farmers Market                  | 10:00 - 15:00 | Cor Montecasino Boulevard & William Nicol Drive, Fourways                                | 011 465 0827<br>www.ffmarket.co.za                                      | Get your groceries in the garden!  |  |  |
| Every Sunday   | Carlington Food & Craft Market           | 09:00 - 15:00 | The Bru House on the R563<br>Hekpoort-Krugersdorp Road                                   | For stalls 0827824142<br>Debbie.Prinsloo@outlook.com                    | Restaurant, live music, safe kids play area, safe parking  |  |  |



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## THE BACK PAGE

# The trials of farming

unning a successful ~ and profitable ~ smallholding, or even a small commercial farm, is not easy and, frankly, more than a little luck is required for your efforts to be

This was recently driven home to me by a retiree named Oom Koos, whose experience as a small farmer is neither unusual nor, sadly, joyful.

Upon reaching the statutory retirement age the fit, sprightly and young-at-heart Oom Koos expressed a desire to head into the country as a farmer.

So he took his retirement package and, pooling resources with his son, bought a small commercial farm near Brits.

There, after a period of some considerable expenditure establishing themselves, they set about planting some vegetable

In due course they had a large field of glistening white pumpkins, each of which would have won a prize for its grandness and perfection at a Harvest festival competition. And alongside the pumpkins they had an equally impressive field of cabbage, the heads all uniformly large, round and blemish free.

So they sat down and did some sums. "Let's see..." they calculated, "we'll make R600 000 profit on the pumpkins. And another R600 000 profit on the cabbage. That's a profit of R1,2 million which we'll split between us.

"But," they added, "let's leave them in the field for just another week, to make sure the pumpkins are at the peak of ripeness and the cabbages are as big as they can possibly grow..."

Now remember that hailstorm that passed over Gauteng a few years ago? The one where the hailstones the size of cricket balls were crashing through peoples' roofs and landing in their lounges?

That hailstorm passed over Brits, too. Specifically over Oom Koos' farm. Of the pumpkin field, he said, there was no evidence thereafter that there was ever a pumpkin growing there, just a faint orange tinge to the soil. And of the cabbages, well, they too were simply compost.

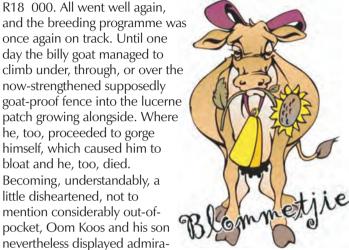
So Oom Koos and his son, understandably disheartened, decided that vegetable farming wasn't for them, so they switched to breeding livestock, boergoats in particular, for which they perceived a good market at the time.

Off they went and bought some fine ewes. And they sourced a stud-quality billy goat, a fine fellow, for which they paid

R20 000. All was well, and the breeding programme was going according to plan. Until one day the billy goat managed to climb under, through, or over a supposedly goat-proof fence into the patch of lucerne growing along side. Where he proceeded to gorge himself, which caused him to bloat. Whereupon, sadly, he died.

Disappointed, understandably, at their loss, but undeterred, Oom Koos and his son went off and sourced another stud quality billy goat, another fine fellow, for which they paid

R18 000. All went well again, and the breeding programme was once again on track. Until one day the billy goat managed to climb under, through, or over the now-strengthened supposedly goat-proof fence into the lucerne patch growing alongside. Where he, too, proceeded to gorge himself, which caused him to bloat and he, too, died. Becoming, understandably, a little disheartened, not to mention considerably out-ofpocket, Oom Koos and his son



ble fortitude and determination as they went off and sourced themselves a third fine billy goat, this time paying only R16 000. And even though he was cheaper than the first two, he was nonetheless a fine looking animal, with great conformation, and in magnificent condition, and they looked forward to the breeding programme continuing apace.

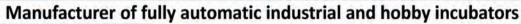
"But he turned out to be a moffie," cried Oom Koos. While the ewes showed some signs of desperation in their attempts to garner some male attention as they reached the height of oestrus, Oom Koos' fancy R16 000 stud goat merely wandered off to munch the leaves of the nearest bush.

At which point Oom Koos and his son decided to pack in their farming adventure.

They sold up everything and moved back to town. The son now fixes trucks and Oom Koos is the groundsman at a school. And in his spare time he breeds chickens, showing, I suppose, that you can take the farmer off his farm, but you will never take farming away from the farmer.

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